

Romans  
8: 1-11

Selection B5

**A Reading from the Letter of St. Paul to the Romans**

**Brothers and Sisters:**

**Hence, now there is no condemnation  
for those who are in Christ Jesus.**

**For the law of the spirit of life in Christ Jesus  
has freed you from the law of sin and death.**

**For what the law, weakened by the flesh,  
was powerless to do, this God has done:  
by sending his own Son in the likeness of sinful flesh  
and for the sake of sin, he condemned sin  
in the flesh, so that the righteous decree of the law  
might be fulfilled in us, who live  
not according to the flesh but according to the spirit.**

**For those who live according to the flesh  
are concerned with the things of the flesh,  
but those who live according to the spirit  
with the things of the spirit.**

**The concern of the flesh is death,  
but the concern of the spirit is life and peace.**

**For the concern of the flesh is hostility toward God;  
it does not submit to the law of God, nor can it;  
and those who are in the flesh cannot please God.**

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**But you are not in the flesh; on the contrary,  
you are in the spirit,  
if only the Spirit of God dwells in you.**

**Whoever does not have the Spirit of Christ  
does not belong to him.**

**But if Christ is in you,  
although the body is dead because of sin,  
the spirit is alive because of righteousness.**

**If the Spirit of the one who raised Jesus from the dead  
dwells in you,  
the one who raised Christ from the dead  
will give life to your mortal bodies also,  
through his Spirit that dwells in you.**

**The Word of the Lord**