



# SAINT JOSEPH PARISH

Spiritual Reading for  
**PRIESTS** · **PROPHETS** · **KINGS**

*UPDATED FEBRUARY, 2016*

# CL

The Roman numerals for “150.”

C = 100

L = 50

This booklet uses CL for every variation of 150 –

150

150<sup>th</sup>

Sesquicentennial

150<sup>th</sup> anniversary

Etc.

October 25, 2015  
St. Joseph Church

Dear Friends in Christ:

Spiritual reading can open our hearts and souls to glorious transformations. As the saints have always known and the psychologists have more recently verified, we become like the things we contemplate. If we contemplate injuries, we become injurious. If we contemplate scandal, we become scandalous. And if we contemplate holiness and peace, we become holy and peaceful. What we read has a big influence on what we contemplate and what we become. The right spiritual reading can lead to inspired contemplations and transformations.

What we call “spiritual reading” includes, among other topics, biographies of canonized and un-canonized saints, the illuminations and insights of holy people, the history of our church and the development of our collective wisdom. The list of topics is vast and includes anything that makes us wonder about God.

In preparation for the CL reading challenge, two great resources have been developed. First, the parish lending library has been renovated, organized, and moved into two bookcases in the gathering space. Each book case contains CL books. All parishioners are encouraged to peruse the offerings, borrow books, and donate books.

Second, an extremely generous volunteer has organized this description of CL books you might consider. It consists of six parts. Part I treats the only book required for all of us. Part II provides brief descriptions of 106 general interest books from the world of spiritual reading, loosely defined. Part III identifies several that were written to enrich your prayer time. Part IV simply lists a few dozen more books. Part V reports on 35 movies that satisfy the spiritual reading impulse. Part VI lists additional resources.

This compendium of spiritual readings could easily become an inspired parish ministry, one in which all parishioners provide descriptions of books that have helped them. May this draft someday be regarded as the first of many drafts that encouraged St. Joe’s parishioners to wonder about God and encounter Jesus in valuable ways.

With best blessings for your reading, movie-watching and discipleship,

Fr. Hank



## **PART I: THE ONLY REQUIRED BOOK**

### **1-The Holy Bible**

Read it in any form you can. And keep a few things in mind when deciding which Bible to read.

First, the lectionary, the book we use for the readings at every Mass, is based on the New American Bible (NAB) translation. If you want what you read at home to be the same as what you hear in church, get a NAB.

Second, Catholic Bibles and Protestant Bibles have much in common and are different in many ways. As indicated on the Bible website for the US Conference of Catholic Bishops:

*Catholic and Protestant Bibles both include 27 books in the New Testament. Protestant Bibles have only 39 books in the Old Testament, however, while Catholic Bibles have 46. The seven books included in Catholic Bibles are Tobit, Judith, 1 and 2 Maccabees, Wisdom, Sirach, and Baruch. Catholic Bibles also include sections in the Books of Esther and Daniel which are not found in Protestant Bibles. These books are called the **deuterocanonical books**. The Catholic Church considers these books to be inspired by the Holy Spirit.*

Third, your old family Bible is a sacred treasure. Honor it. And realize that if it is a very old one, you might want to have a more modern one for your regular scripture reading and scriptural prayer.

## **PART II: GENERAL INTEREST**

### **CLASSICS**

#### **2-The Screwtape Letters** by C.S. Lewis (HarperOne, 2001)

The greatest trick the devil can do is to make people believe he does not exist. This book reveals him! It is an easy and potentially life changing read. C.S. Lewis' classic masterpiece of religious satire entertains readers with its sly and ironic portrayal of human life and foibles from the vantage point of Screwtape, a highly placed assistant to "Our Father Below." At once wildly comic, deadly serious, and

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strikingly original, C.S. Lewis's *The Screwtape Letters* is the most engaging account of temptation—and triumph over it—ever written.

NB: – EVERY WORK OF C.S. LEWIS IS WORTH YOUR TIME

### **3-Interior Castle** by St. Theresa of Avila (Riverhead Books, 2003)

A classic spiritual work based on St. Theresa's mystical vision of a crystal castle with seven chambers, each representing a different stage in a soul's quest for union with God.

### **4-The Seven Storey Mountain (50<sup>th</sup> anniversary ed.)** by Thomas Merton (Harcourt, 1998)

A classic spiritual autobiography, now considered one of the most influential religious works of the 20th century, traces Merton's early life and relates the growing restlessness and curiosity about spiritual matters that led him to convert to Catholicism and eventually become a Trappist monk.

### **5-Gift From the Sea** by Anne Morrow Lindbergh (Pantheon, 2005)

A meditative reflection on the stages of life, comparing them with the natural treasures of life in the sea. Read it. It will stay with you forever.

### **6-Man's Search For Meaning** by Viktor E. Frankl (Beacon Press, 2006)

This is psychiatrist Viktor Frankl's riveting memoir of life in Nazi death camps and its lessons for spiritual survival. Between 1942 and 1945 Frankl labored in four different camps, including Auschwitz, while his parents, brother, and pregnant wife perished. Based on his own experience and the experiences of others he treated later in his practice, Frankl argues that we cannot avoid suffering but we can choose how to cope with it, find meaning in it, and move forward with renewed purpose.

### **7-Silent Spring** by Rachel Carson (Houghton Mifflin, 2002)

Rachel Carson's *Silent Spring* was first published in three serialized excerpts in the *New Yorker* in June of 1962. The book appeared in September of that year and the outcry that followed its publication forced the banning of DDT and spurred revolutionary changes in the laws affecting our air, land, and water. Carson's passionate concern for the future of our planet reverberated powerfully throughout the world, and her eloquent book was instrumental in launching the

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environmental movement. It is without question one of the landmark books of the twentieth century.

### **BIBLE & SCRIPTURE**

**8-My Daily Catholic Bible: 20-Minute Daily Readings (NAB version)** edited by Paul Thigpen (Our Sunday Visitor, 2011)

Have you ever promised yourself you would read the entire Bible? Here you will find a reading each day from the Old Testament and the New Testament, with an insightful quote from a saint related to the theme of each day's readings. Planned out for a calendar year, it can be started and ended on any day of the year. A meditative and informative 20 minutes.

**9-Understanding Difficult Scriptures in a Healing Way** by Matt Linn & Dennis Linn & Sheila Fabricant Linn (Paulist Press, 2001)

Since loving connection is the central theme of the Bible, reading any scripture passage should help us feel closer to God, others, the universe and ourselves. Yet, "difficult scriptures" can reinforce patterns of fear and shame and make it more difficult to take in healing love. This book gives examples of some wonderful surprises and suggests simple ways of interpreting any passage that helps us find the essence of the scriptures: a consistently loving, healing, and salvific God.

**10-Psalms for Praying: an Invitation to Wholeness** by Nan Merrill (Continuum, 2007)

A reworking of the Psalms in a loving, contemplative manner that is fresh and eloquent. Merrill's interpretation of the psalms evokes a deep sense of reverence and soul-stirring dialogue.

**11-Fools, Liars, Cheaters, and Other Bible Heroes** by Barbara Hosbach (Franciscan Media, (2012)

Explores the diverse stories of 28 men and women of the Bible. Each chapter describes a different figure from Scripture and their unique combination of strengths, weaknesses, and circumstances.

**12-Your Faith Has Made You Well: Jesus Heals in the New Testament** by Barbara Hosbach (Paulist Press, 2014)

Twenty-five stories from the Gospels in which Jesus has performed a healing, with questions at the end of each chapter for personal reflection or group discussion.

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### **13-A Shepherd Looks At Psalm 23** by W. Phillip Keller (Zondervan, 2008)

Drawing on his own experiences as a shepherd, Keller provides insights into the life and character of sheep, and of the Good Shepherd who loves and cares for them.

### **14-The Psalms**

Suggestion: read one a week and meditate on it.

### **15-The Gospel of Mary of Magdala: Jesus and the First Woman Apostle** by Karen King (Polebridge Press, 2003)

The second-century Gospel, and the only existing early Christian Gospel written in the name of a woman, provides insight into the development of early Christianity. The Gospel is short and missing pages but King's analysis is very fascinating!

### **16-The Gospel of Thomas**

A gnostic gospel of sayings of Jesus. Provocative and useful for meditation.

### **17-Short Stories by Jesus: the Enigmatic Parables of a Controversial Rabbi** by Amy-Jill Levine (HarperOne, 2014)

A biblical scholar draws on historical background and spiritual analysis to reinterpret the parables of Jesus, explaining how these stories would have been understood by their original first-century Jewish audience and making them relevant for modern readers.

## **JESUS**

### **18-Rabbi Jesus: an Intimate Biography** by Bruce Chilton (Doubleday, 2000)

In *Rabbi Jesus*, the noted biblical scholar Bruce Chilton places Jesus within the context of his times to present a fresh, historically accurate, and revolutionary examination of the man who founded Christianity. Drawing on recent archaeological findings and new translations and interpretations of ancient texts, Chilton discusses in enlightening detail the philosophical and psychological foundations of Jesus' ideas and beliefs. Chilton's description of Jesus' role as a rabbi, or "master," of Jewish oral traditions, as a teacher of the Cabala, and as a practitioner of a Galilean form of Judaism emphasizes the direct communication with God that casts an entirely new light on the origins of Christianity.



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**19-James Tissot: the Life of Christ** by James Tissot, edited by Judith F. Dolkart (Merrell Publishers in association with Brooklyn Museum, 2009)

An amazing collection of detailed watercolor renditions of the life of Jesus. Tissot's work is a biography in painting done with typical surroundings of the time and set in the places Jesus walked. A wonderful treasure as well as a vivid companion to the Bible. Well worth the investment. Most helpful for meditation.

**20-Jesus: a Pilgrimage** by James Martin, S.J. (HarperOne, 2014)

A gifted storyteller and spiritual director, Father James Martin, SJ, invites readers to experience the stories of the Gospels in a completely new, vivid, and exciting way to gain a deeper understanding of Jesus. The book offers a bold retelling of the life of Christ, faithful to the Christian tradition, while meditating on parts of the narrative that have often escaped notice. Martin provides personal stories from his own life, the most up-to-date biblical scholarship, and powerful anecdotes from beloved spiritual teachers, and brings the reader along on his own real-life travels through the Holy Land. Part travelogue, part memoir, part hermeneutic. All inspiring. Engrossing. Didn't want it to end.

**21-Jesus: an Historical Approximation** by Jose Antonio Pagola (Convivium Press, 2014)

A Biblical scholar reconstructs the historical life of Jesus based on the latest scholarship and research, addressing questions of who Jesus was, how he understood his life, and the originality of his message. Don't be put off by the length - take your time and relish getting to know Jesus on a more personal level. By far the best "religious" book ever read!

**22-Fully Human, Fully Divine: an Interactive Christology** by Michael Casey (Ligouri, 2004)

Although it could be easily read in a week, the author suggests the reader take a year to read it. This is because each paragraph could be used as meditation material, it is that good. It can be exceptionally comforting and consoling on the one hand, on the other it can make you squirm in your chair, as it requires honesty in facing the truths of just how petty we can sometimes be. Yet through it all, Christ is there, teaching, guiding.

**23-The Case for Jesus: the Biblical and Historical Evidence for Christ** by Brant Pitre (Image, 2016)

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A biblical scholar examines recent New Testament scholarship and evidence from ancient manuscripts and the early church fathers to explore the historical truth of the Gospels and place them within their ancient Jewish context. A scholarly work, but written for a popular audience.

### SAINTS

**24-St. Ignatius' Own Story** by St. Ignatius of Loyola, translated by William J. Young, S.J. (Loyola Press, 1982)

Here is St. Ignatius' own story told with the authentic tone and clear strength that characterize the direct statements of the saint.

**25-Saint Peter: Flawed, Forgiven, and Faithful** by Stephen Binz (Loyola Press, 2015)

Biblical scholar Stephen Binz takes readers on a pilgrimage following the imperfect and flawed Peter from Galilee to Rome.

**26-A Simple Path** by Mother Teresa, compiled by Lucinda Vardey (Ballantine Books, 1995)

Shares in Mother Teresa's own words the thoughts and experiences that helped her to translate her beliefs into action in the form of her extraordinary charitable works.

**27-In The Heart of the World: Thoughts, Stories & Prayers** by Mother Teresa (New World Library, 2010)

A portrait of Mother Teresa in her own words uses her experiences, prayers, and spiritual wisdom to reveal a life dedicated to service and compassion.

**28-The Quiet Companion: The Life of Peter Faber, SJ.** by Mary Purcell (Loyola Press, 1990)

A biography of Peter Faber and his role in the founding of the Society of Jesus. Faber, along with Francis Xavier were two of St. Ignatius of Loyola's closest friends. An inspiring example of compassion and generosity in living for others.

**29-Saint Edith Stein: A Spiritual Portrait** by Dianne Marie Traflet (Pauline Books & Media, 2008)

Draws on Edith Stein's own writings to present a biography infused with her spirituality. A deeply moving and readable book that is sure to inspire those

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familiar with her life and work and new readers alike.

### **30-My Life with the Saints** by James Martin, S.J. (Loyola Press, 2007)

A memoir of the popular Jesuit's spiritual formation profiles the saints (and near-saints) who inspired him on his journey of faith, including Joan of Arc, Thérèse of Lisieux, Thomas Merton, Ignatius of Loyola, Dorothy Day, Thomas Aquinas, and Francis of Assisi.

### **31-Story of a Soul: the Autobiography of St. Thérèse of Lisieux (3<sup>rd</sup> edition)**, translated from the original manuscripts by John Clarke (ICS Publications, 1996)

Originally published one year after the death of St. Thérèse in 1897, this modern spiritual classic presents the themes of her spirituality: confidence and love, the little way, abandonment to God's merciful love, and her mission in the church and the world.

## **BIOGRAPHY**

### **32-Spirit of Fire: the Life and Vision of Teilhard de Chardin** by Ursula King (Orbis Books, 1998)

Pierre Teilhard de Chardin—renowned French Jesuit theologian, mystic, and scientist—helped bring Christian theology into creative dialogue with modern science and explored profound dimensions of the human condition. Beautifully written and enhanced with scores of photographs that document his dramatic life—from the trenches of World War I, to paleontological research in China and travels in the Gobi Desert—*Spirit of Fire* also explores his difficulties with church authorities, the posthumous publication of his writings, and his ongoing legacy.

### **33-An Interrupted Life: the Diaries of Etty Hillesum, 1941-43** by Etty Hillesum (Metropolitan Books, 1996)

For the first time, Etty Hillesum's diary and letters appear together to give us the fullest possible portrait of this extraordinary woman in the midst of World War II. The adult counterpart to Anne Frank, Hillesum testifies to the possibility of awareness and compassion in the face of the most devastating challenge to one's humanity. In the darkest years of Nazi occupation and genocide, Etty Hillesum remained a celebrant of life whose lucid intelligence, sympathy, and almost impossible gallantry were themselves a form of inner resistance. She died at Auschwitz in 1943 at the age of twenty-nine.

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**34-Pope Francis, Life and Revolution: a Biography of Jorge Bergoglio** by Elisabetta Piqué (Loyola Press, 2014)

An internationally respected journalist who has known Pope Francis since 2001 offers unique insights into how the Pope thinks and feels, his work for the poor, and his vision for the Church.

**35-He Leadeth Me: an Extraordinary Testament of Faith** by Father Walter J. Cizek, S.J. (Image, 2014)

Captured by the Russian army during World War II and convicted of being a "Vatican spy," American Jesuit Father Walter J. Cizek spent 23 agonizing years in Soviet prisons and the labor camps of Siberia. In this book he recalls how it was only through an utter reliance on God's will that he managed to endure.

**36-Love is the Measure: a Biography of Dorothy Day** by Jim Forest (Orbis Books, 1994)

This biography chronicles Dorothy's life from her birth in November of 1897 in Brooklyn to her death in 1980. Day was a journalist, social reformer, and pacifist who, along with help and encouragement from Peter Maurin, founded the Catholic Worker movement.

**37-Not Less Than Everything: Catholic Writers on Heroes of Conscience, from Joan of Arc to Oscar Romero** edited by Catherine Wolff (HarperOne, 2003)

A collection of essays by various writers who shared which person they admired most with one thing in common: their love of God inspired them to give 'not less than everything.' The essays and the writers are diverse and fascinating.

**38-Pope Francis: Why He Leads the Way He Leads** by Chris Lowney (Loyola Press, 2013)

Best-selling author Chris Lowney delves into how Pope Francis's Jesuit training directly impacted the various leadership roles he has held as priest, bishop, cardinal, and now pope, and what his past actions reveal about how he is likely to lead in the future.

**39-The Long Loneliness: the Autobiography of the Legendary Catholic Social Activist** by Dorothy Day (HarperOne, 2009)

A memoir of Day's spiritual journey and a compelling testament to her life of social activism relates her conversion to Catholicism and the founding of the Catholic Worker Movement.

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**40-Saved by Beauty: a Spiritual Journey with Dorothy Day** by Brother Mickey McGrath (World Library Publications, 2012)

Brother Mickey's vibrant acrylic paintings accompany his reflections on the life of Dorothy Day along with insights of St. Francis de Sales on combining a life of action with a life of contemplation.

### **THE YEAR OF MERCY**

**41-The Name of God Is Mercy: a Conversation with Andrea Torielli** by Pope Francis (Random House, 2016)

A full-length interview with Pope Francis explores the nature of mercy, faith, and reconciliation, the central teaching of his papacy.

**42-The Church of Mercy: a Vision for the Church** by Pope Francis (Loyola Press, 2014)

In *The Church of Mercy*, readers get a first-hand look at Pope Francis's vision of the good news of Christian hope and mercy. Excerpts from the pope's speeches, homilies, and other writings from the first year of his papacy emphasize his message of mercy, service, and renewal.

**43-A Year of Mercy with Pope Francis: Daily Reflections** by Kevin Cotter (Our Sunday Visitor, 2014)

Daily meditations from the writings of Pope Francis are followed by questions for reflection to help you consider and receive God's love. Useful for brief periods of quiet contemplation in busy schedules.

**44-Mercy in the City: How to Feed the Hungry, Give Drink to the Thirsty, Visit the Imprisoned, and Keep Your Day Job** by Kerry Weber (Loyola Press, 2014)

A young, single woman lives a "regular" life amid the daily pressures of New York City while also living a life devoted to service and practicing real works of mercy in a meaningful manner.

**45-Just Mercy: a Story of Justice and Redemption** by Bryan Stevenson (Spiegel & Grau, 2015)

A powerful true story about the potential for mercy to redeem us and a call to fix our broken system of justice. Bryan Stevenson was a young lawyer when he founded the Equal Justice Initiative, a legal practice dedicated to defending those

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most desperate and in need: the poor, the wrongly condemned, and women and children trapped in the farthest reaches of our criminal justice system. One of his first cases was that of Walter McMillian, a young man who was sentenced to die for a notorious murder he insisted he didn't commit. The case drew Bryan into a tangle of conspiracy, political machination, and legal brinkmanship—and transformed his understanding of mercy and justice forever.

### **CATHOLICISM & THE CHURCH**

**46-Walking with Jesus: a Way Forward for the Church** by Pope Francis (Loyola Press, 2015)

Excerpts from Pope Francis's encyclicals, homilies, and speeches present the heart of his approach to living as a Christian: following in the steps of Jesus. The pope's words urge us to make Jesus central in our own lives as individuals and in the collective life of the Church.

**47-The Joy of the Gospel** by Pope Francis (Image Books, 2014)

In this encyclical Pope Francis continues the long tradition of authoritative papal teaching on social issues. It emphasizes the importance of service to God and all his creation, advocating for helping the world's poor, homeless, addicted, and indigenous peoples.

**48-A Concise Guide to the Documents of Vatican II** by Edward P. Hahnenberg (St. Anthony Messenger Press, 2007)

Provides an overview of the work of the Second Vatican Council and its significance in the life of the Church, and discusses the background and content of the sixteen documents produced by the Council, the most important texts produced by the Church in four hundred years.

### **IGNATIAN SPIRITUALITY & THE SPIRITUAL EXERCISES**

**49-The Jesuit Guide to (Almost) Everything: a Spirituality for Real Life** by James Martin, S.J. (HarperOne, 2012)

A practical spiritual guidebook based on the life and teachings of St. Ignatius of Loyola, the founder of the Society of Jesus, centered around the Ignatian goal of "finding God in all things." It shows how to manage relationships, money, work, prayer, and decision-making, all while keeping a sense of humor.

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**50-Discerning the Will of God: an Ignatian Guide to Christian Decision Making** by Timothy M. Gallagher, OMV (Crossroad Publishing Co., 2009)

Draws on the methods of Ignatian spirituality to offer practical wisdom for conforming your will to God's and making use of spiritual direction, silence, and the Holy Eucharist to discern God's voice and will for you in all your choices and noticing patterns that help or hinder along the way.

**51-Meditation and Contemplation: an Ignatian Guide to Praying with Scripture** by Timothy M. Gallagher, OMV (Crossroad Publishing Co., 2008)

A simple guide to the Ignatian method of meditation and contemplation explains how to apply it to your own spiritual practice and adapt it to your individual needs so that your prayer life is fruitful and lasting.

**52-The Examen Prayer: Ignatian Wisdom for Our Lives Today** by Tim Gallagher, OMV (Crossroad Publishing Co., 2006)

A simple explanation of what the examen prayer is, how to pray it, and how to adapt it to our lives.

**53-The Discernment of Spirits: an Ignatian Guide for Everyday Living** by Timothy M. Gallagher, OMV (Crossroad Publishing Co., 2005)

Through its many examples of the influence of St. Ignatius Loyola's teachings of the discernment of spirits in the everyday lives of people this book helps to provide clarity in how to discern and recognize such moments in daily life.

**54-Inner Compass: An Invitation to Ignatian Spirituality (10<sup>th</sup> Anniversary Edition)** by Margaret Silf (Loyola Press, 2007)

Examines the "First Week" of the Spiritual Exercises of St. Ignatius of Loyola, focusing on the workings of sin and grace through a series of personal reflections and meditations. Basic concepts such as consolation and desolation, detachment are explored.

**55-Making Choices in Christ: the Foundations of Ignatian Spirituality** by Joseph Tetlow, S.J. (Loyola Press, 2008)

Forty concise meditations offer an introduction to the principles and practices of Ignatian spirituality, what it means to live by it, and how it can help each individual toward a life-changing encounter with Christ.

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**56-Finding God in All Things: a Companion to the Spiritual Exercises of St. Ignatius** by William Barry (Ave Maria Press, 1991)

A clear presentation of the themes and contemporary practice of the Spiritual Exercises demonstrates how anyone can benefit from this classic spiritual retreat in everyday life.

**57-Thirty Days: On Retreat with the Exercises of St. Ignatius** by Paul Mariani (Viking Compass, 2002)

A brief life of St. Ignatius, reflections on the life of Jesus, and a chronicle of the author's thirty-day silent retreat describe his journey of introspection, self-revelation, and spiritual renewal that leads him to a new understanding of his relationship with God.

### **PRAYER & CONTEMPLATION**

**58-Time for God: a Guide to Mental Prayer** by Fr. Jacques Philippe (Scepter Publishers, 2008)

This book influences and challenges growth in prayer life. It emphasizes how prayer is "not the result of a technique but the gift of God's grace that we receive." The book is about 100 pages and is very easy to read.

**59-Simple Ways to Pray for Healing** by Matt Linn & Dennis Linn & Sheila Fabricant Linn (Paulist Press, 1998)

A Linn primer that captures the essence of what they've shared and experienced in their ministry: the universal application of eight ways of praying that have the capacity to heal by virtue of their integrating contemporary spirituality with the wisdom of St. Ignatius's Spiritual Exercises.

**60-Spiritual Direction and Meditation** by Thomas Merton (Liturgical Press, 1960)

A short book that explores the meaning and goals of meditation and spiritual direction.

**61-Praying the Truth: Deepening Your Friendship with God through Honest Prayer** by William Barry, S.J. (Loyola Press, 2012)

Explains the need to approach God in prayer in complete honesty, revealing our innermost selves in a way that strengthens our relationship with God and opens



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us to healing.

### **62-May I Have This Dance?: An Invitation to Faithful Prayer Throughout the Year** by

Joyce Rupp O.S.M. (Ave Maria Press, 2007)

An invitation to join with God in the dance of life; to experience God in the daily and seasonal rhythms of life; insights that help us connect the routine of our lives with a deeper communication with God. Twelve themes are explored, including "The Road to Life" and "The Playground of God," each followed with prayer suggestions such as litanies, guided meditations, and journal keeping.

### **63-Help, Thanks, Wow: the Three Essential Prayers** by Anne LaMott (Riverhead Books, 2012)

It is these three prayers – asking for assistance from God, appreciating what we have that is good, and feeling awe at the world around us – that can get us through the day and can show us the way forward. In *Help, Thanks, Wow*, Lamott recounts how she came to these insights, explains what they mean to her and how they have helped, and explores how others have embraced these same ideas.

### **64-Toward God: the Ancient Wisdom of Western Prayer** by Michael Casey (Triumph Books, 1996)

Based on the premise that spiritual communion with God must be lived and not merely studied or repeated ritualistically, Casey discusses how to transform prayer from an "activity" to a way of life.

## **RETREATS IN DAILY LIFE**

### **65-Moment by Moment: a Retreat in Everyday Life** by Carol Ann Smith and Eugene F. Merz (Ave Maria Press, 2000)

A series of thirty-two "moments" provides a simple way of making the Spiritual Exercises in daily life as well as a guide for daily prayer and a companion for reflection.

### **66-Retreat in the Real World: Finding Intimacy with God Wherever You Are** by Andy Alexander, S.J., Maureen McCann Waldron, Larry Gillick, S.J. (Loyola Press, 2009)

Outlines a 34-week personal retreat with reflections, prayers, and Scripture readings for each week.

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**67-At Sea With God: a Spiritual Guidebook to the Heart and Soul** by Margaret Silf (Ave Maria Press, 2008)

British author and retreat director Margaret Silf develops the image of life as a sea voyage to shed new light on the spiritual journey. The art of sailing life's waters is explored with this delightful self-guided retreat. Silf uses seven aspects of sailing to explore the spiritual life: the boat, the cargo, setting sail, navigating uncharted waters, the perils of the deep, being adrift, and dropping anchor.

### **CHRISTIAN LIVING**

**68-52 Simple Ways to Talk with Your Kids about Faith: Opportunities for Catholic Families to Share God's Love** by Jim Campbell (Loyola Press, 2007)

A veteran religious educator gives parents guidelines to initiate meaningful conversations about faith with their children. He offers advice on talking about God with honesty and conviction, and provides scriptural background and the Catholic Church's view for each topic. Each chapter concludes with suggestions for prayer.

**69-Just Love: a Framework for Christian Sexual Ethics** by Margaret Farley (Continuum, 2006)

As a highly respected scholar, Margaret Farley draws from history and multiple cultural traditions together with a deep grasp of Christian humanism to frame sexual ethics issues.

**70-The Pope and The CEO: John Paul II's Leadership Lessons to a Young Swiss Guard** by Andreas Widmer (Emmaus Road Publishing, 2011)

A former Swiss Guard recalls his experiences of serving Pope John Paul II and the secrets of leadership he learned which helped him to become a successful business executive.

**71-Speak Peace in a World of Conflict: What You Say Next Will Change Your World** by Marshall Rosenberg (PuddleDancer Press, 2005)

International peacemaker, mediator, and healer, Dr. Marshall B. Rosenberg shows you how the language you use is the key to enriching life. Take the first step to reduce violence, heal pain, resolve conflicts and spread peace on our planet – by developing an internal consciousness of peace rooted in the language you use.

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**72-Following the Path: the Search for a Life of Passion, Purpose, and Joy** by Joan Chittister (Image, 2012)

Sister Joan draws on her years of experience and contemplation to offer guidance on finding one's path and purpose in life through discernment and an examination of spiritual calling.

**73-The Hole in Our Gospel: What Does God Expect of Us?** by Richard Stearns (Thomas Nelson, 2014)

A former corporate executive describes how his life was transformed when he answered the calling to embrace the whole Gospel and help the world's poor, exploring how the message of Jesus was always meant to be a world-changing social revolution.

**74-Healing Spiritual Abuse & Religious Addiction** by Matt Linn & Dennis Linn & Sheila Fabricant Linn (Paulist Press, 1994)

Discusses the realities of spiritual abuse and religious addiction -- how they are defined, the reasons they exist and how people can move beyond vulnerable life patterns in order to enjoy a more life-giving relationship with God and with a healthy faith community.

**75-Don't Forgive Too Soon: Extending the Two Hands That Heal** by Matt Linn & Dennis Linn & Sheila Fabricant Linn (Paulist Press, 1997)

Shows how to forgive in an active, healthy way by moving through a five-step process that renounces vengeance and retaliation but is not passive or self-abusive in any way.

**76-Sleeping with Bread: Holding What Gives You Life** by Matt Linn & Dennis Linn & Sheila Fabricant Linn (Paulist Press, 1995)

This book is about asking ourselves two questions: For what am I most grateful? For what am I least grateful? These questions help us identify moments of consolation and desolation. We call this process the examen. You are invited to practice the process described in these pages. This simple process is the most helpful way for people to hear the voice of God guiding them from within and answering the many questions in one's lifetime ranging from, 'Should I change my job?' to 'What can help me with my depression?' To "hear" these answers, spend time focusing each day on the examen questions and discover the resolution.

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**77-Good Goats: Healing our Image of God** by Matt Linn & Dennis Linn & Sheila Fabricant Linn (Paulist Press, 1994)

Through a blending of story, scripture, and theology, this book tackles questions of sin, hell, vengeance in such a way that readers are led to transformation and healing.

**78-Care of the Soul: a Guide for Cultivating Depth and Sacredness in Everyday Life** by Thomas Moore (HarperPerennial, 1994)

A therapist and religious historian proposes an approach to daily living that shows how looking more deeply into emotional problems and sensing the sacredness in ordinary things adds spirituality, depth, and meaning to modern-day life.

**79-Little Pieces of Light: Darkness & Personal Growth** by Joyce Rupp (Paulist Press, 1985)

Joyce Rupp's lovely small book on finding peace even in the darkest of times is a treasure. Her quotes and examples are meaningful to anyone in pain or to anyone who wants to help someone in pain.

**80-A Season of Mystery: 10 Spiritual Practices for Embracing a Happier Second Half of Life** by Paula Huston (Loyola Press, 2012)

In *A Season of Mystery*, a grandmother, and also a caretaker for her own mother and for her in-laws, shares with readers a far more fulfilling way to approach how we live and how we think about the second half of life. Each chapter offers a spiritual practice that is particularly suited to nurturing us in ways we would never have recognized in our younger lives.

**81-Die Wise: a Manifesto for Sanity and Soul** by Stephen Jenkinson (North Atlantic Books, 2015)

With lyrical prose, deep wisdom, and stories from his two decades of working with dying people and their families, Stephen Jenkinson places death at the center of the page and asks us to behold it in all its painful beauty. *Die Wise* teaches the skills of dying, skills that have to be learned in the course of living deeply and well.

### **FAITH STORIES**

**82-Adam: God's Beloved** by Henri Nouwen (Orbis Books, 2012)

Through this story about a severely disabled friend, Nouwen found a new way to

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tell God's story and the story of all of us human creatures, broken and yet beloved, who live in a world charged and alive with the mystery of God's love. Completed only weeks before Nouwen's own death, Adam became a final, precious gift, a fitting reflection of his own message and legacy.

### **83-A Purposeful Path: How Far Can You Go with \$30, a Bus Ticket and a Dream?** by Casey Beaumier, S.J. (Loyola Press, 2015)

Jesuit novice Beaumier takes \$30 and a bus ticket, and embarks on a journey to discern his life's purpose. The kindness of strangers and trust in God both become necessary as he travels to find his life's idol. There's an ironic twist at the end to this quick read so keep reading!

### **84-The Faith Club: a Muslim, a Christian, a Jew-- Three Women Search for Understanding** by Ranya Idliby, Suzanne Oliver, Pricilla Warner (Free Press, 2007)

A groundbreaking book about Americans searching for faith and mutual respect, *The Faith Club* weaves the story of three women, their three religions, and their urgent quest to understand one another. When an American Muslim woman befriends two other mothers, one Jewish and one Christian, they decide to educate their children about their respective religions. None of them guessed their regular meetings would provide life-changing answers and form bonds that would forever alter their struggles with prejudice, fear, and anger. Personal, powerful, and compelling, *The Faith Club* forces readers to face the tough questions about their own religions.

### **85-We Belong to the Land: the Story of a Palestinian Israeli Who Lives for Peace and Reconciliation** by Elias Chacour (University of Notre Dame Press, 2001)

A Palestinian Melkite priest tells the story of his life spent working for peace and reconciliation among Israeli Jews, Christians, and Muslims. From the destruction of his boyhood village to his efforts to build summer camps for children of all religions, his moving story brings hope.

### **86-An Altar in the World: a Geography of Faith** by Barbara Brown Taylor (HarperOne, 2010)

Relates the author's own spiritual journey in learning to find God beyond the church walls and embrace the sacred in everyday life.

### **87-Leaving Church: a Memoir of Faith** by Barbara Brown Taylor (HarperOne, 2012)

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A memoir of losing and re-finding faith relates the author's decision to leave behind her life as a member of the clergy, and find spiritual renewal in her efforts to live a more authentically Christian life.

**88-God's Joyful Surprise: Finding Yourself Loved** by Sue Monk Kidd (HarperOne, 1989)

Relates the author's spiritual journey from trying to earn God's love through an over-committed—and ultimately stressful—life of constant good works, to learning how to slow down and accept God's love and live in His presence.

**89-When the Heart Waits: Spiritual Direction for Life's Sacred Questions** by Sue Monk Kidd (HarperOne, 2006)

Drawing on Christian teaching and personal revelation, the author presents the story of her spiritual crisis and her arrival at a point of divine grace through a discipline of "active waiting."

### **SPIRITUAL REFLECTION**

**90-Encountering Truth: Meeting God in the Everyday** by Pope Francis (Image, 2015)

Collects the highlights of Pope Francis's morning homilies from March 2013 through May 2014, reflections that provide moments of inspiration and simplicity.

**91-Seven Last Words: an Invitation to a Deeper Friendship with Jesus** by James Martin, S.J. (HarperOne, 2016)

Based on his talks on Good Friday, 2015, at St. Patrick's Cathedral, a meditation on Jesus's last words on the cross discusses how they exemplify the profound understanding that Jesus had of the human condition and its difficulties and why we can turn to Christ completely.

**92-The Way to Love: the Last Meditations of Anthony de Mello** by Anthony de Mello (Doubleday, 2011)

*The Way To Love* grapples with the ultimate question of love. In thirty-one meditations, Anthony de Mello implores his readers to break through illusion, the great obstacle to love. "The most painful act," de Mello says, "is the act of seeing. But in that act of seeing that love is born." It is only when we see others as they are that we can begin to really love. Not only must we seek to see others with clarity, but also we must examine ourselves without misconception. Anthony De

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Mello was the director of the Sadhana Institute of Pastoral Counseling in Poona, India, and authored several books. *The Way To Love* is his last.

**93-The Return of the Prodigal Son: a Story of Homecoming** by Henri Nouwen (Image Books, 1994)

*The Return of the Prodigal Son* is a beautiful reflection of the most well known parable told through the author's eyes as he prayerfully meditates upon this famous Rembrandt painting. Nouwen explores the relationship of each of three main characters of the parable and invites the reader to do the same. After reading this, you will never again hear the parable the same nor view this majestic piece of art with the same eyes. HIGHLY recommended.

**94-Prayers of the Cosmos: Meditations on the Aramaic Words of Jesus** by Neil Douglas Klotz (Harper, 2009)

Neil Douglas-Klotz offers a radical new translation of the words of Jesus Christ with *Prayers of the Cosmos*. Reinterpreting the Lord's Prayer and the Beatitudes from the vantage of Middle Eastern mysticism, Douglas-Klotz, the Sufi Founder of the worldwide network of the Dances of Universal Peace, reveals a mystical, feminist, cosmic Christ. *Prayers of the Cosmos* is a spiritual revelation—and in the words of *Science of Mind*, "When you read this book, you will have no further doubt that God loves you infinitely and unconditionally."

**95-The Holy Longing: the Search for a Christian Spirituality** by Ronald Rolheiser (Image, 2014)

A classic in the field of spirituality explains the essentials of the spiritual life: the importance of community worship, the imperatives of social action, and the centrality of the Incarnation.

**96-Thomas Merton: Essential Writings** by Thomas Merton, edited by Christine Bochen (Orbis Books, 2000)

A selection of Merton's writings on spirituality and prayer, as well as on peace and justice issues. Provides a general introduction to the works of one of the 20th century's most admired spiritual writers.

**97-New Seeds of Contemplation** by Thomas Merton (New Directions, 2007)

This book encourages us to nurture the spiritual dimension of our lives so that we can become fully awake to God's presence, and the sacred that is in each of us and all that exists. Merton, a Trappist monk, talks of the value of alone time, of

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silence, of ridding ourselves of desires and worldly attachments, of the dulling effects of TV and the spiritual richness that can unfold when time is taken for contemplation.

**98-Quest for the Living God: Mapping Frontiers in the Theology of God** by Elizabeth Johnson (Continuum, 2007)

From current issues and movements, Sister Elizabeth Johnson extracts new insights to enhance our image of the living God. There is an abundance of materials at the end of each chapter.

**99-Eager to Love: the Alternative Way of Francis of Assisi** by Richard Rohr (Franciscan Media, 2014)

Explains the “alternative” path of Christianity chosen by Francis of Assisi, one that rejects power and privilege and embraces the narrow path of the Gospel. The Franciscan spirituality presented here can provide a solid foundation for our environmental concerns.

**100-The Practice of Spiritual Direction** by W.A. Barry, SJ and W.J. Connolly, SJ (HarperOne, 2009)

Discover and disclose new horizons of self-knowledge, compassion, and deep oneness with the Spirit of God through spiritual direction.

**101-How Big is Your God?: the Freedom to Experience the Divine** by Paul Coutinho, S.J. (Loyola Press, 2007)

Paul Coutinho, SJ, challenges us to grow stronger and deeper in our faith and in our relationship with God. To help us on our way, Coutinho introduces us to people in various world religions—from Hindu friends to Buddhist teachers to St. Ignatius of Loyola, all of whom have shaped his spiritual life and made possible his deep, personal relationship with God. He wants the same for us!

**102-Just as You Are: Opening Your Life to the Infinite Love of God** by Paul Coutinho, S.J. (Loyola Press, 2009)

In *Just as You Are*, Paul Coutinho, SJ, simply asks that we embrace with confidence the fact that God already loves us with an amazing love and guides us how to live in it on a daily basis, showing us how to open our lives to the infinite, unfathomable love of God. A native of India, Fr. Coutinho combines Eastern sensibilities with Ignatian principles and practices and fills this book with thought-



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provoking stories, inspiring anecdotes, and memorable metaphors.

### **103-Living Buddha, Living Christ** by Thich Nhat Hanh (Riverhead Books, 2007)

10th anniversary edition of the classic text, updated, revised, and featuring a Mindful Living Journal. Buddha and Christ, if they were to meet on the road today, what would each think of the other's spiritual views and practices? In this classic text for spiritual seekers, Thich Nhat Hanh explores the crossroads of compassion and holiness at which the two traditions meet, and he reawakens our understanding of both.

### **104-Spiritual Writings** by Karl Rahner (Orbis Books, 2004)

A major force at Vatican II, Jesuit priest Karl Rahner's writings affect a paradigm shift in modern theology. This anthology showcases the masterful spiritual writings by one of the great religious thinkers of all time.

### **105-Days of Deepening Friendship: for the Woman Who Wants Authentic Life with God** by Vinita Hampton Wright (Loyola Press, 2009)

Uses Scripture, meditations, stories, and written exercises to encourage women to rethink their approach to friendship with God. Forty short chapters help women explore the deeper regions of relationship: beginning, hesitation, awareness, resistance, conversation, attention, engagement, and ultimately love.

### **106-Joy to the World: How Christ's Coming Changed Everything (And Still Does)** by Scott Hahn (Image, 2014)

Small book. Easy read. Scholarly, tangible, and exuberant study on the meaning of the Incarnation and Christmas. Draws on historical and biblical context to explore the story of the Nativity, while showing it to be a family story of a father, a mother, and a child.

### **107-Life of the Beloved: Spiritual Living in a Secular World** by Henri Nouwen (Crossroad Publishing, 2002)

This slender volume emphasizes that God loves us all, despite our faults. And that we should embrace and enjoy every minute of it.

### **108-In Memoriam** by Henri J. Nouwen (Ave Maria Press)

Short book that tells the story of Nouwen's mother's death and his experience of that event. A meaningful read for anyone who has lost his or her mother.

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**109-The Inner Voice of Love: a Journey Through Anguish to Freedom** by Henri J. Nouwen (Image Books, 1999)

Henri Nouwen's "secret journal" written during his 'dark night of the soul', offers beautiful spiritual insight and consolation into times of despair and pain that we all experience. Written in short, one or two page spiritual imperatives that are to be read slowly and contemplated.

**110-Let God: the Transforming Wisdom of Francois Fenelon** by Winn Collier (Paraclete Press, 2007)

A modern translation of correspondence between François Fénelon, 17th century theologian/poet and his friends on various spiritual topics. The book lays out the actual correspondences making for easy reading and also allowing the time to reflect on and gain insight from the response given by Fenelon.

**111-Abandonment to Divine Providence** by Jean-Pierre de Caussade S.J. (Catholic Way Publishing, 2013)

You will be left with a deep desire to know God as He is related in this book. The Rev. Jean Pierre de Caussade was one of the most remarkable spiritual writers of the Society of Jesus in France in the 18th Century. It is divided into two parts, the first containing a treatise on total abandonment to Divine Providence, and the second, letters of direction for persons leading a spiritual life.

**112-The Naked Now: Learning to See as the Mystics See** by Richard Rohr (Crossword Publishing, 2009)

Drawn from the Gospels, Jesus, Paul, and the great Christian contemplatives, this examination reveals how to read hidden truths of Christianity with the eyes of the mystics rather than interpreting them through rational thought. Filled with sayings, stories, and quotations.

**113-Celebration of Discipline: the Path to Spiritual Growth** by Richard J. Foster (HarperSanFrancisco, 2002)

Foster explores the "Classic Disciplines," or central spiritual practices, of the Christian faith to show how each of these areas contributes to a balanced spiritual life.

**114-Longing for the Holy: Spirituality for Everyday Life** by Ronald Rolheiser (RENEW

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International, 2009)

For those who want to enrich their sense of the presence of God and develop a deeper spirituality, it considers the important themes of church community, justice, sexuality, the practices of the spiritual life, and being a mystic of the everyday.

### **FICTION**

#### **115-The Old Man and The Sea** by Ernest Hemingway (Scribner, 1996)

Tells the story of an old Cuban fisherman and his struggle against natural obstacles that hinder the catch of a huge marlin, exploring the classic themes of physical and moral challenge, and courage in the face of defeat.

#### **116-Go Set a Watchman** by Harper Lee (Harper, 2015)

Maycomb, Alabama. Twenty-six-year-old Jean Louise Finch—"Scout"—returns home from New York City to visit her aging father, Atticus. Set against the backdrop of the civil rights tensions and political turmoil that were transforming the South, Jean Louise's homecoming turns bittersweet when she learns disturbing truths about her close-knit family, the town, and the people dearest to her. Memories from her childhood flood back, and her values and assumptions are thrown into doubt. Featuring many of the iconic characters from *To Kill a Mockingbird*, *Go Set a Watchman* perfectly captures a young woman, and a world, in painful yet necessary transition out of the illusions of the past—a journey that can only be guided by one's own conscience.

#### **117-The Shack** by William P. Young (Windblown Media, 2007)

A story of a family who suffered a tragic loss. A passionate story of healing, forgiveness and letting go. A "can't put it down" book, but a box of tissues needed.

#### **118-Life of Pi** by Yann Martel (Mariner Books, 2003)

Modern day story of The Old man and the Sea. Sixteen-year-old Pi Patel, adrift at sea after a shipwreck and trapped on a lifeboat with a 450-pound Bengal tiger, recounts his journey in a story of survival and faith.

#### **119-My Name is Asher Lev** by Chaim Potok (Anchor Books, 2003)

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Asher Lev is a Ladover Hasid who keeps kosher, prays three times a day, and believes in the Ribbono Shel Olom, the Master of the Universe. He is an artist compulsively driven to render the world he sees and feels even when it leads him to blasphemy. In this stirring and often visionary novel, Chaim Potok traces Asher's passage between these two identities, the one consecrated to God, the other subject only to the imagination.

### **PART III: SPECIFICALLY FOR PRAYER TIME**

#### **120-In All Things: Everyday Prayers of Jesuit High School Students** (Loyola Press, 2003)

This little book contains about 200 poetic readings written by students, with their high schools identified. Amazing way to pass on some on spiritual thoughts of teenagers, and to provide insight and meditation for their elders! Great for daily meal or family prayer time.

#### **121-Meditations with Teilhard de Chardin** by Blanche Gallagher (Bear & Co., 1988)

Reflective and meditative, this collection can be embraced by all who are searching for a fruitful and evolutionary perspective on universal experience.

#### **122-Prayer: Our Deepest Longing** by Ronald Rolheiser (Franciscan Media, 2013)

These reflections are intended to help you get beyond some of your habitual struggles with prayer.

#### **123-Beginning to Pray** by Anthony Bloom (Paulist Press, 1970)

A small text composed of lectures originally given to people who had never prayed before. A great and simple way to discover the value of silence in prayer time and addressing God.

#### **124-The Imitation of Christ** by Thomas à Kempis (Pauline Books & Media, 2015)

Meditations on the life and teachings of Jesus. A spiritual classic providing guidance on how to live out the teachings of Jesus with simplicity, humility, and charity.

#### **125-Journey into God: Meditations and Stories from Scripture that Deepen Our Relationship with God** by Patricia Beall Gavigan (Ave Maria Press, 1991)

Uses Abraham, Jesus, Mary, and Paul as models and offers ten meditations on each of them. As you will discover, each gave all, holding back nothing.

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**126-Fresh Bread and Other Gifts of Spiritual Nourishment** by Joyce Rupp O.S.M. (Ave Maria Press, 2006)

A handbook for spiritual growth structured for reading and praying the scriptures throughout the year via seasonal and monthly themes. The author looks at events, places, and objects common to our daily lives and finds the touch of God in them.

**127-Inviting God In: Spiritual Reflections and Prayer Throughout the Year** by Joyce Rupp O.S.M. (Ave Maria Press, 2001)

Thoughtful, perceptive reflections on scripture guide us as we open our hearts and ponder the meaning of God's word in our lives.

**128-Jesus Calling: Enjoying Peace in his Presence** by Sarah Young (Thomas Nelson, 2014)

Contains devotions for every day of the year with scripture references following the reading.

**129-Grace For The Moment: vol I & II** by Max Lucado (Thomas Nelson, 2000 [vol. I] & 2006 [vol. II])

Combines scripture verse with a captivating devotional reading for all 365 days of the year. Perfect for the nightstand!

**130-Everyday Blessings: 365 Days of Inspirational Thoughts** by Max Lucado (Thomas Nelson, 2006)

Similar to *Grace for the Moment* but a rather abridged edition. Still offers a short devotional reading and a scripture verse that follows.

**131-Grace Happens Here: You Are Standing Where Grace Is Happening** by Max Lucado

Reinforces the continual abundant presence of grace in our lives. Story after story emphasizes the mercy and wonder of God's grace. Very uplifting and a quick read.

**132-In The Manger: 25 Inspirational Selections for Advent** by Max Lucado (Thomas Nelson, 2014)

Selections from some of Lucado's previous works provide a set of readings to use for the 25 days prior to Christmas. Each one focuses on an aspect of Jesus coming to us as man, highlighting for us the role of Christ in Christmas.

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### **133-An Ignatian Book of Days** by Jim Manney (Loyola Press, 2014)

A book of days which includes scriptural readings and devotionals by Ignatian authors such as Pope Francis, James Martin, Margaret Silf, and St. Ignatius. The twist here is that every day in the book of days is seen through the Ignatian lens of "Ad majorem Dei gloriam."

### **134-Fragments of Your Ancient Name: 365 Glimpses of the Divine for Daily Meditation**

by Joyce Rupp (Sorin Books, 2011)

A collection of daily meditations that draw from Christian, Jewish, Muslim, Hindu, and other sources, offering wisdom and insight about the God who is beyond all names.

### **135-Miracle Hour** by Linda Schubert (Catholic Book Pub. Corp., 2014)

Called "A method of prayer that will change your life." A booklet of prayer designed to help develop a structured prayer time and the blessings of infusing your life with a Holy Hour in front of the Blessed Sacrament.

### **136-Heart-Talks with Jesus: Guided Scripture Meditations** by Isaias Powers, C.P.

(Twenty-Third Publications, 1998)

Perfect for those who like to use their imagination in prayer. Each chapter begins with a passage from the gospels on a particular theme, such as "Letting Go of Grudges," "Mastering Patience", etc. An imaginary setting is described in which readers meet Jesus and what Jesus might say in such circumstances. Each meditation ends with a prayer to Jesus.

### **137-Guerrillas of Grace: Prayers for the Battle** by Ted Loder (Augsburg Books, 2005)

Rev. Loder's prayers give us permission to speak as freely to God as we would like, to use our weak and imperfect selves to achieve greater things. Delightful.

### **138-Making Each Moment Count: 21 Reflections on a Fulfilled Life** by Anne Bryan Smollin (New City Press, 2011)

21 simple reflections help readers discover the blessings around them and the graces of everyday life.

### **139-Miryam of Nazareth: Woman of Strength & Wisdom** by Ann Johnson (Christian Classics, 2005)

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A classic of women's spirituality offers a collection of prayers, presented in the form of poetry, that might have been prayed by Mary, Mother of Our Lord.

**140-The Cup of Our Life: a Guide to Spiritual Growth** by Joyce Rupp O.S.M. (Ave Maria Press, 2012)

Provides six weeks of daily devotions for anyone seeking to enrich their prayer life. Illustrates how the ordinary cups that we use every day can become sacred vessels that connect us with life and draw us ever closer to God.

### **PART IV: ADDITIONAL TITLES**

**141-The Way of Chuang Tzu** by Thomas Merton (New Directions Books, 2010)

Merton's own versions of the classic sayings of Chuang Tzu, the great spiritual Chinese philosopher and spokesperson for Taoism, provides timeless insights into the true nature of being.

**142-Reconciliation: Healing the Inner Child** by Thich Nhat Hanh (Parallax Press, 2010)

Based on Dharma talks by Zen Master Thich Nhat Hanh and insights from participants in retreats for healing the inner child, this book is an exciting contribution to the growing trend of using Buddhist practices to encourage mental health and wellness. Reconciliation offers specific practices designed to bring healing and release for people suffering from childhood trauma. The book is written for a wide audience and accessible to people of all backgrounds and spiritual traditions.

**143-After the Ecstasy, the Laundry: How the Heart Grows Wise on the Spiritual Path** by Jack Kornfield (Bantam Books, 2000)

Draws on the insights of spiritual leaders from Christianity, Buddhism, Judaism, and other religious traditions to provide an understanding of the modern spiritual journey and how to reconcile enlightenment with the needs of ordinary life.

**144-Tuesdays with Morrie: an Old Man, a Young Man, and Life's Greatest Lesson** by Mitch Albom (Broadway Books, 2002)

A poignant true story that takes place during a weekly Tuesday visit by one man to a dying friend and mentor.

**145-The Year of Magical Thinking** by Joan Didion (Vintage Books, 2007)

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A portrait of love, marriage, family and relationship. Deals with Didion's life and experiences in the year following her husband's sudden death, speaking frankly and openly of grief and loss.

**146-The Elephant Whisperer: My Life with the Herd in the African Wild** by Lawrence Anthony (St. Martin's Griffin, 2012)

When South African conservationist Lawrence Anthony was asked to accept a herd of "rogue" wild elephants on his Thula Thula game reserve in Zululand, his common sense told him to refuse. But he was the herd's last chance of survival: they would be killed if he wouldn't take them. In order to save their lives, Anthony took them in. In the years that followed he became a part of their family. And as he battled to create a bond with the elephants, he came to realize that they had a great deal to teach him about life, loyalty, and freedom.

**147-From Age-ing to Sage-ing: a Profound New Vision of Growing Older** by Zaalman Schachter Shalomi, with Ronald S. Miller (Warner Books, 1995)

Over two decades ago, as Rabbi Zalman Schachter-Shalomi was growing older, fears about death and infirmity were haunting him. He decided to embark on a mission to get to the bottom of his fears. Through a series of events that included a vision quest in a secluded cabin and studying with Sufi masters, Buddhist teachers, and Native-American shamans, Reb Zalman found a way to turn aging into the most meaningful and joyous time in his life.

**148-The Giving Tree** by Shel Silverstein (HarperCollins, 2014)

A children's book for the child in all of us. A touching story of life, relationship, and deep enduring love.

**149-Models of Revelation** by Cardinal Avery Dulles (Orbis Books, 1992)

Explores the doctrine of revelation that forms the heart of Christianity and considers five models of revelation: doctrine, history, inner experience, dialectical presence, and new awareness.

**150-Models of the Church** by Cardinal Avery Dulles (Image Books, 1987)

Examines the contemporary writings of Catholic and Protestant ecclesiologists to discuss the basic functions of the Church and explains six major models through which the Church's character can be understood: as institution, mystical communion, sacrament, herald, servant, and a community of disciples.