

OCTOBER 15, 2023

## CONTACT INFO

Phone: 908-874-3141

Fax: 908-874-7040

[www.stjosephsparish.com](http://www.stjosephsparish.com)

**Fr. Hank**

FatherHank@sjmillstone.com

34 Yorktown Road  
Hillsborough, NJ 08844-5139

## MASS & CONFESSION SCHEDULE

### Daily Mass:

Monday-Friday 8:35 AM

*(Wednesday is an Enhanced-precautions mass-6' spacing and masks are encouraged.)*

### Outdoor Communion Service:

Wednesday 10:00 AM

*(This service is held outdoors. Attendees remain in their car and tune into FM 88.7.)*

### Weekend Masses:

Saturday 4:45 PM

Sunday 8:00 AM

*(Enhanced-precautions mass-6' spacing and masks are encouraged.)*

9:30 AM

11:30 AM

*(This mass is outside under the tent/attendees may remain in their vehicle as well.)*

### Confessions:

Until further notice, Confessions are by Appointment only. Typically, Saturday morning between 10am - 12pm. Other times are possible. Email Fr. Hank at [fatherhank@sjmillstone.com](mailto:fatherhank@sjmillstone.com) for an appointment.

### Sacrament of the Sick

In Emergency- Please call 908-874-3141 and press 1 for a priest.

Non-Emergency-Please email [FatherHank@sjmillstone.com](mailto:FatherHank@sjmillstone.com)

## EMERGENCIES

**Crisis Pregnancy Hotline**— 732-516-0911

### Suicide Prevention

NJ Lifeline—1-800-273TALK

Teen Crisis Text Hotline—Text 741741

### Emergency Meals

[emergencymeals@stjosephsparish.com](mailto:emergencymeals@stjosephsparish.com)

## PARISH COMMUNITY OF

# Saint Joseph

## HILLSBOROUGH, NEW JERSEY

Priests

Prophets

Kings



# October 15, 2023

8:00AM *The Rosary is prayed before Daily Mass.*  
**Open to all. You are always welcome to join us.**

## MASS INTENTIONS FOR THE WEEK

Mon.	8:35AM Timothy Sablik R/B Arthur McFadden
.	8:35AM Lucy Minder R/B St. Joseph Staff
.	8:35AM Brian Rogers R/B John & Jennifer Conklin
Tue.	8:35AM Nick DeLango R/B Joan Umholtz
.	8:35AM Christine DeLisi R/B Mario Lugo
,	8:35AM Roseann Pisano R/B Selwa Toni
Wed.	8:35AM Betty Tomko R/B Marge larkowski
.	8:35AM Marty Malague R/B Exercitants
.	8:35AM Victor Colon R/B Raju Thomas
Thu.	<b>10:00AM Communion Service – Parking Lot</b> 8:35AM Livio Marini R/B Angela Stuebben
.	8:35AM Marge Demsky R/B Bernie Demsky
.	8:35AM John Ragazzo R/B Margaret Ragazzo
Fri.	8:35AM Joseph Marino R/B Agnes & Guy Gubitosi
.	8:35AM Stanley Domaracki R/B Lorraine Murphy
.	8:35AM Agnes MacDonald R/B Sean & Keelin Glennon
Sat.	4:45PM Anthony & Jane Dunelewicz R/B Janet Robinson
.	4:45PM Elenmarie B. Dunn R/B Siobhan Dunn
.	4:45PM Michael Popper R/B Mary Downie
Sun.	8:00AM Elvira Miraldo R/B Marge Miraldo
.	8:00AM People of the Parish
.	9:30AM Rosalie Cooney R/B Helene Dillon
.	9:30AM Jamie De Los Santos R/B Manny De Los Santos
.	9:30AM Robert Peters R/B Dawn Bondar
.	11:30AM Clare Martin R/B Sharon Sweeney
.	11:30AM Stephen Matras R/B Carol Matras & Children
.	11:30AM Elvira Miraldo R/B Maria Miraldo

**HOLY HOUR**  
**Exposition of the Blessed Sacrament**  
**On the Main Altar of the Church**  
**WEDNESDAYS - After the 8:35AM Mass**

## READINGS FOR NEXT WEEK

Isaiah 45:1, 4-6  
1 Thessalonians 1:1-5b  
Matthew 22:15-21

## WANT TO BECOME A CATHOLIC? KNOW SOMEONE WHO MIGHT?

Our parish's Order of Christian Initiation of Adults (now "OCIA," formerly known as "RCIA"), is now welcoming two types of people to the process:

- adults who were baptized (as Catholics or in any Christian denomination) but did not pursue later sacraments or religious formation,
- and (b) people who have not been baptized but want to become Catholics.

Perhaps you or someone you know may be this person? Email Suzanne Kral, [skral@sjmillstone.com](mailto:skral@sjmillstone.com) for more information



## GOOD NEWS FOR OUR CHILDREN! CHILDREN'S LITURGY OF THE WORD (CLOW) Has Returned to the Sunday 9:30 Mass

CLOW provides a great chance for children ages 4 through 10 to get even more out of the week's scriptures. If your little one is a bit timid, feel free to join him/her for the first few sessions until everyone feels comfortable. Or send an older sibling along for comfort. **Volunteers** – Every year, the reboot of CLOW generates a call for a few new volunteers. You do not need any previous experience – just a love of Jesus and a desire to share that with our young parishioners. You must also be "Virtus-compliant" but that has recently become way less burdensome. Questions? Email Natalie at [nzuccarello@comcast.net](mailto:nzuccarello@comcast.net).

## ALL SOULS DAY MASSES Thursday, November 2

\*\*\*8:35 AM Mass is the regular Mass for All Souls.  
\*\*\*7:00 PM Mass will include reading of the individual names of all who have died since last year, and of all our deceased children and grandchildren.

# October 15, 2023

*For many are called,  
But few are chosen.  
Matthew 22:14*

Dear All, Christ's Peace!

It is a great blessing to have the Children's Liturgy of the Word (CLOW) back in business at the 9:30 Sunday Mass. Thanks to all the parents who bring their young ones and encourage them to participate in CLOW. Thanks in advance to the same crew for joining the pumpkin painting on October 21 – and Trunk or Treat on October 29. How blessed are we to have our young, active families call this parish "Home."

**Wednesday Holy Hour** – Thanks and blessings for all who prayed after Mass on Wednesday, our new day for adoration. We expect to keep this schedule for the foreseeable future.

**November 4 Ministry Morning of Recollection** – Have you sent your RSVP to your ministry leader?

**Wednesday Holy Hour** – Thanks and blessings for all who prayed after Mass on Wednesday, our new day for adoration. We expect to keep this schedule for the foreseeable future.

**Hillsborough Food Bank Donations – Special Request** – The food bank has asked us, if it is not too inconvenient, to provide extra amounts of canned soup and of coffee for regular coffee makers. Thanks.

**This Month's Good Eucharistic Prayer:** The "Anima Christi" has been inspiring people for at least 500 years, maybe 800. Saint Ignatius treated it as a most valuable prayer to pray at Communion and other times. It works best when prayed very slowly:

Soul of Christ, sanctify me.  
Body of Christ, save me.  
Blood of Christ, embolden me.  
Water from the side of Christ, wash me.  
Passion of Christ, strengthen me.  
O good Jesus, hear me.  
Within your wounds hide me.  
Never permit me to be parted from you.  
From the evil Enemy defend me.  
At the hour of my death call me  
and bid me come to you,  
that with your Saints I may praise you  
for age upon age.  
Amen.

*With thanks and blessings,*

**Fr. Hank**



## VETERANS

Because you served...  
the community of St. Joseph Parish would like to  
**Thank You.**

Join fellow Veterans and guests on  
**Sunday, November 12 at 11:30 AM**  
**for a Veterans' Mass & Luncheon**

Veterans and their guests can choose to attend inside the church or remain in their cars while they tune to FM radio station 88.7. Veterans are welcome to wear their uniform or some part of it. Veterans, their guests and spouses or family members of deceased or active duty service members are all invited. A luncheon in the Parish Hall for Veterans and spouses of deceased Veterans and their guests will follow immediately after mass.

**Registration is required for this event.**  
For more information and to sign up, use the on-line form (found on our parish website [www.sjmillstone.com](http://www.sjmillstone.com)) or visit the table in the Gathering Space. **Deadline to sign-up is November 5th (even if you are unable to attend).**

If you would like to honor a Veteran family member or friend who is not a parishioner, visit the sign-up table in the Gathering Space to write their name in our Veterans' Book of Remembrance. If you have questions, please contact Lisa Stevens at [lsteven@sjmillstone.com](mailto:lsteven@sjmillstone.com) or 908-864-0964.



## ADVENT GIVING TREE 2023

### GIFT CARDS ONLINE:

As we have been doing for the past few years, The Advent Giving Tree Ministry will again provide gift cards for the local agencies we serve.

**The Website will be available on Friday, October 13**  
**Gift Cards are due back to St. Joseph Church by**  
**November 12.**

### GIFT ITEMS FOR APPALACHIA:

We will also provide gift items for the children served by the Appalachia Ministry.

· **Gift tags will be available at Masses on**  
**November 4 & 5.**

· **Gifts for Appalachia are due back to St. Joseph**  
**Church on November 26.**

Full information about these programs to follow.



# October 15, 2023



## SAGES ACTIVITIES

**Monday-Funday, October 30 – Halloween Party.**

**Exercise** – Thursdays 10:00 AM. Chair and Floor Yoga begins November 2. No registration is required.

**Tuesday Topics–**

October 17 - Medicare Options for 2004 at 2PM in Parish Hall.

October 24 – Whatever Happened to Leaded Gasoline by Fr Hank at 2PM in Parish Hall.

Please register with AnnaMaria.

**Homebound Gifts** – Fall gifts from the parish will go out in late September. Know of someone who should be on the list? Please contact AnnaMaria at [arealbuto@sjmillstone....](mailto:arealbuto@sjmillstone....) or at 908-864-0334. Our gifts help the homebound feel connected to their parish.

For more information or to register for events contact AnnaMaria at [arealbuto@sjmillstone....](mailto:arealbuto@sjmillstone....) or 908-864-0334.



## Thoughts From God's Garden

Sr. Gabriela of the Incarnation, O.C.D.

### On The Landing

In my Carmel, we call the day on which a woman joins our Community her "Landing Day." It's like a plane coming in for a safe landing after a long trip. We could also say that it was our

Community's Landing Day when six Carmelites from the Morristown Carmel moved into the newly founded Carmel in New Brunswick on Oct. 14<sup>th</sup>, 1949. We remember each Carmelite's personal Landing Day as a special anniversary, so for even better reasons we should remember our Community's Landing Day. It will be the 75<sup>th</sup> Anniversary next year, and we are beginning a Year of Preparation this month on Oct. 14<sup>th</sup>.

I don't think it was a coincidence that the house in New Brunswick that welcomed those six Carmelites was situated on Landing Lane! Landings are important realities. They are arrivals at a special point in a journey. They are stops in a stairway that enable us to break the climb before leading us further upwards. We can say that our life here is a landing on the climb up to heaven. It is not the end of our journey. Rather, it is a place where we are prepared to make the final ascent to God.

Visit our Monastery at [www.flemingtoncarmel.org](http://www.flemingtoncarmel.org)

## Be a Champion for Catholic Charities and Put Mercy into Action 50/50 RAFFLE DRAWING ~ NOVEMBER 1, 2023

As a CHAMPION for CATHOLIC CHARITIES, you are a champion in every sense of the word. Through your financial support, you provide a warm bed for someone who is homeless...food for a hungry child...emergency aid for a disaster victim...and help for a family in crisis; all of which truly makes you a champion in our eyes and in the eyes of those we serve. Please join our team today and become a CHAMPION for CATHOLIC CHARITIES by making a gift or purchasing a raffle ticket.

Go to [www.diometuchen.org/champions](http://www.diometuchen.org/champions) to make a gift or download a raffle form to purchase a ticket. Every gift, no matter the size, is important and greatly appreciated. Checks should be made payable to Champions for Catholic Charities and mailed to Champions for Catholic Charities, Diocese of Metuchen, PO Box 191, Metuchen, NJ 08840-0191. Questions may be directed by email to [champions@diometuchen.org](mailto:champions@diometuchen.org) or by phone to 732-562-2432.

## 10<sup>th</sup> ANNUAL MAJOR SPEAKER

**Sr. Helen Prejean**

**Wednesday, October 18**

**7-8:30 PM Hybrid**

Mount Saint Mary House of Prayer

1651 US Hwy. 22, Watchung, NJ 07069

908-753-2091 or [www.msmhope.org](http://www.msmhope.org)

Sr. Helen Prejean, world-acclaimed author and speaker, will share with us how she woke up to poor people and those condemned to die. After witnessing the death row inmates of Patrick Sonnier and Robert Lee Willie, Sister Helen realized that this lethal ritual would remain unchallenged unless its secrecy was stripped away, so she sat down and wrote her first book, *Dead Man Walking*, which later became a world-acclaimed movie. Sr. Helen Prejean is known around the world for her tireless work against the death penalty. She has been instrumental in sparking national dialogue on capital punishment and in shaping the Catholic Church's vigorous opposition to all executions.

Sr. Helen will be on Zoom; limited in person participation is available.

### BULLETIN DEADLINE

Please send info for the bulletin no later than Friday, 8 days prior to the weekend you want the article to appear, directly to

[stjoebulletin@yahoo.com](mailto:stjoebulletin@yahoo.com) Thank You.

# October 15, 2023

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## LITURGICAL MUSIC NEWS

The Diocesan Festival Choir is seeking new members in all sections (SATB) to join those who already give generously of their time to serve the Church as Liturgical Musicians. The choir prayerfully renders music from all periods, with a focus on Renaissance polyphony and Gregorian chant. Rehearsals are on the three preceding Tuesdays for any particular Diocesan liturgical event; rehearsals are typically held at the Cathedral of Saint Francis in Metuchen. Interested persons may set up an interview/audition by contacting Christopher Deibert, Director of Diocesan Liturgical Music, at [cdeibert@diometuchen.org](mailto:cdeibert@diometuchen.org)

## SEASONED SERVANTS...

### An Event for Seniors

**Wednesday, November 8, 2023**

**9:30 AM to 12:30 PM**

Holy Mass, Continental Breakfast & Fellowship

Guest Speaker: Msgr. John Fell, STD,  
Episcopal Vicar Health Care Apostolate

### **Health Care Considerations for Aging Catholics**

St. John Neumann Pastoral Center

\$10.00 per person

Call Angela to **register** at

732-562-1543 or

[amarshall@diometuchen.org](mailto:amarshall@diometuchen.org)

## 2023 High School Open House & Test Dates

### **ST. THOMAS AQUINAS HIGH SCHOOL, EDISON**

Open House – Sunday, October 22nd • Noon to 3 PM

Placement Test dates: Saturday, November 4th

Visit <https://www.stahs.net/admissions> for information

### **IMMACULATA HIGH SCHOOL, SOMERVILLE**

Open House – Sunday, October 22 – 2 to 5 PM &

Monday, October 23 – 6 to 8 p.m.

Placement Test dates: Saturday, November 4th | Friday,

November 10th | Saturday, November 11th

Open House & HSPT information and registration:

[www.immaculatahighschool.org/admissions](http://www.immaculatahighschool.org/admissions)

### **SAINT JOSEPH HIGH SCHOOL, METUCHEN**

Open House – Sunday, October 15 | 11:30 AM – 2 PM

Prep Course Session 1: 10/17, 19, 24, 26, 6 to 8 p.m.

Prep Course Session 2: 10/23, 25, 30 & 11/1 from 6 to 8

p.m.

Scholarship Entrance Exams: Friday, November 3<sup>rd</sup>.

Saturday, November 4th

Friday, November 10th | Saturday, November 11th

Pre-register at <https://www.stjoes.org/admissions>

### **MOUNT SAINT MARY ACADEMY, WATCHUNG**

Open House – Sunday, October 22 – Noon to 3:30 PM

Entrance Test dates: Saturday, November 4th | Sunday,

November 12th

To pre-register email: [admissions@mountsaintmary.org](mailto:admissions@mountsaintmary.org)

## EMPLOYMENT OPPORTUNITIES

### Freelance Photographer

The Diocese of Metuchen is seeking a freelance photographer to cover important events throughout the diocese, including the Bishop's pastoral visits. The ideal candidate will assist the Office of Communications and Public Relations, as well as *The Catholic Spirit*, the official newspaper of the diocese, in telling the story of the diocese and its partners. Interested candidates should contact Jerry Wutkowski at [communications@diometuchen.org](mailto:communications@diometuchen.org)

### Graphic Designer

*The Catholic Spirit*, the official newspaper of the Diocese of Metuchen, seeks a Graphic Designer to assist with the layout and design of its publication. The ideal candidate will have Adobe InDesign and Photoshop experience in a PC environment, be familiar with all aspects of electronic publishing, be a well-organized and reliable, and have a proven track record of meeting deadlines. Interested candidates should forward their resume to [hr@diometuchen.org](mailto:hr@diometuchen.org)



### Are you looking for a job?

Do you love working with children? Catholic Charities has positions open for their before and after school programs. Please send resumes and cover letters to [soswald@ccdom.org](mailto:soswald@ccdom.org) and [drannie@ccdom.org](mailto:drannie@ccdom.org)

**Contact:** Tiffany Workman

at [workman@diometuchen.org](mailto:workman@diometuchen.org)

or call 732-243-4581

## **ANNUAL BLUE MASS 2023 DIOCESE OF METUCHEN Wednesday, October 25. 10:30 AM**

James F. Checchio will celebrate the 21st Annual Blue Mass at the Cathedral of St. Francis of Assisi in Metuchen. Gathered together with local, county, state, and federal law enforcement officials, we will honor and pray for those law enforcement officials of all faiths who live and work in the Diocese of Metuchen.

## Sunday, Oct 15, 2023

### Stretch your spirituality

Your doctor says that even a little exercise is important to keep the body flexible. Joints that move regularly are body parts that can function well a while longer. Walking 20 minutes a day or taking a water aerobics class are easy ways to lubricate the joints we need to perform our daily tasks. Saint Paul reminds us that flexibility is also a significant aspect of the spiritual life. Can we accept good times and bad, seasons of plenty or want, with the same light grip? Moving through circumstances fluidly makes for a freer life, and a gentler death.

TWENTY-EIGHTH SUNDAY IN ORDINARY TIME

TODAY'S READINGS: Isaiah 25:6-10a; Philippians 4:12-14, 19-20; Matthew 22:1-14 (142). *"I have learned the secret of being well fed and of going hungry, of living in abundance and of being in need."*

## Monday, Oct 16, 2023

### A heart as wide as the world

Depicted as a flaming, shining, bleeding heart, pierced by a lance, encircled by a crown of thorns, and topped with a cross, the Sacred Heart of Jesus symbolizes Christ's boundless, suffering love for humanity. The devotion to the Sacred Heart of Jesus is one of the best known and most practiced of all Catholic devotions, but the 17th-century French Visitation nun who received the revelation of this devotion, Margaret Mary Alacoque, was doubted in her lifetime, and the practice wasn't officially recognized until 75 years after her death. Incorporate an aspiration, or short prayer, to the Sacred Heart each day to remind you that you are unconditionally loved. Examples are "Sacred Heart of Jesus, make my heart like yours," "Sacred Heart of Jesus, I believe in your love for me," or "Sacred Heart of Jesus, may you be known, loved, and imitated!"

MEMORIAL OF MARGARET MARY ALAQUOQUE, RELIGIOUS  
TODAY'S READINGS: Romans 1:1-7; Luke 11:29-32 (467). *"At the preaching of Jonah they repented, and there is something greater than Jonah here."*

## Tuesday, Oct 17, 2023

### Bread of Life, bread for the poor

Saint Ignatius Theophorus wrote seven epistles while trudging from Antioch to Rome. As Roman soldiers pushed him toward martyrdom in a coliseum, Ignatius decried a different enemy of Christian faith: docetism, whose Christian adherents claimed Jesus never existed physically on Earth—that he only appeared to. In denying the Incarnation, Ignatius says, such heretics also fail to see the Lord's presence in the Eucharist and in the poor. "They have no concern for love, none for the widow, none for the orphan, none for the oppressed, none for the prisoner or the one released, none for the hungry or thirsty." And "they abstain from Eucharist" because "they refuse to acknowledge the Eucharist." Ignatius, help us to see Jesus—in all the places he said he'd be.

MEMORIAL OF IGNATIUS OF ANTIOCH, BISHOP, MARTYR  
TODAY'S READINGS: Romans 1:16-25; Luke 11:37-41 (468). *"As to what is within, give alms, and behold, everything will be clean for you."*

## Wednesday, Oct 18, 2023

### Pack lightly for the journey of faith

Today we celebrate the feast of the evangelist Luke. Best known for his gospel, Luke was a dedicated disciple of Paul who goes so far as to join Paul in prison—twice. You can read Luke's account

of the early Christians in the Acts of the Apostles. But first, read what Luke says in today's gospel, which gives Jesus' directives to the disciples who are serving as his advance team. These directives are simple but not easy: "Carry no money bag, no sack, no sandals"—and they remain amazingly relevant to living a simple life of faith. How can you enact them in your own life?

FEAST OF LUKE, EVANGELIST

TODAY'S READINGS: 2 Timothy 4:10-17b; Luke 10:1-9 (661). *"Luke is the only one with me."*

## Thursday, Oct 19, 2023

### Reconciling our past

Today is the memorial of several men who were killed for evangelizing native people in Quebec. The documentation of these encounters is almost entirely from the perspective of European American Christians, with missionaries as heroic martyrs and natives as murderous heathens. The truth is much more complicated. Pope Francis' 2022 apology to indigenous people in Canada and the U.S. Catholic Indigenous Boarding School Accountability and Healing Project are two efforts to look at the bigger picture of Christian-Indigenous relationships with accountability and reconciliation as goals. Join these efforts by exploring Native American culture and history.

MEMORIAL OF JOHN DE BRÉBEUF AND ISAAC JOGUES, PRIESTS, AND COMPANIONS, MARTYRS

TODAY'S READINGS: Romans 3:21-30; Luke 11:47-54 (470). *"Woe to you, scholars of the law! You have taken away the key of knowledge."*

## Friday, Oct 20, 2023

### GPS for the soul

Spiritual direction is a great tool for navigating with God the ups and downs of everyday life. The practice involves a one-on-one relationship with a spiritual director who helps us to see how God is moving in our lives. A director listens and offers wisdom such as that of Paul of the Cross: "Let everything in creation draw you to God. Refresh your mind with some innocent recreation and needful rest, if it were only to saunter through the garden or the fields, listening to the sermon preached by the flowers, the trees, the meadows, the sun, the sky, and the whole universe." In honor of Saint Paul cultivate the art of listening wisely.

MEMORIAL OF PAUL OF THE CROSS, PRIEST

TODAY'S READINGS: Romans 4:1-8; Luke 12:1-7 (471). *"Are not five sparrows sold for two small coins? Yet not one of them has escaped the notice of God."*

## Saturday, Oct 21, 2023

### A higher law

All of us run afoul of the law at some point or another, even if it's as minor as a parking ticket. Laws, religious or secular, are there to set standards and impose order. They have their purpose, but if we hope to be released from all that afflicts us in this life, we'll need a different kind of law—the law of love, mercy, compassion, and forgiveness. As 20th-century monk and mystic Thomas Merton explains, "The first obligation of the Christian is to maintain their freedom from all empty forms of legalism" and "live by a higher law—the law of grace and love." Let faith lead you there.

TODAY'S READINGS: Romans 4:13, 16-18; Luke 12:8-12 (472).

*"Brothers and sisters: It was not through the law that the promise was made to Abraham and his descendants . . . it depends on faith."*

*Invest just five minutes a day, and your faith will deepen and grow—a day at a time*



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